



ORAL FACIAL & IMPLANT SPECIALISTS

PRE-OPERATIVE INSTRUCTIONS FOR SEDATION / GENERAL ANESTHESIA

Please read all instructions carefully. Failure to follow these instructions may result in your procedure being rescheduled.

- 1. Nothing by mouth (NPO):** Do NOT eat or drink anything for **6 hours prior to surgery** unless specifically instructed by the oral surgeon. This includes food, liquids, and water.
- 2. Medications:** If the patient takes daily medications, you **must discuss this with the oral surgeon prior to surgery** to determine if medications should be taken the day of surgery with a small sip of water.
- 3. Arrival time:** You must arrive **15 minutes prior to your scheduled procedure time.**
- 4. Escort requirements:**
 - All minors (under 18) must be accompanied by a **parent or legal guardian.**
 - All patients must have a **responsible adult driver/escort present.**
 - Escorts must remain in the reception area for the duration of the procedure.
 - Patients **cannot be dropped off and picked up later.**
 - We will **not discharge patients to a taxi or rideshare.**
- 5. Recovery access:** Only **one escort** will be allowed in the recovery area following the procedure.
- 6. Post-operative supervision:** A responsible adult must remain with the patient for **24 hours after surgery.** Patients **may not drive for 24 hours** following sedation or anesthesia.
- 7. Alcohol and substances:** Do not consume alcohol, smoke, or use recreational drugs for **24 hours before and after surgery.**
- 8. Clothing:** Wear a **short-sleeve or loose-fitting top** and **closed-toe shoes.**
No flip flops or loose sandals.
- 9. Personal items:**
 - No cell phones past the reception area
 - No photos or video recording allowed
- 10. Day of surgery restrictions:**
 - No nail polish
 - No contact lenses
 - Remove all oral piercings
- 11. Medical items:** If you use an inhaler, bring it with you on the day of surgery.
- 12. Female patients:** Antibiotics may reduce the effectiveness of birth control. Use alternative methods as needed.